

November Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	2	3	4	5	6	7
	<p>B: Pancakes with Bacon and Eggs L: Turkey Melt with Kale Salad D: Cajun Chicken Alfredo with Steamed Broccoli and Garlic Bread</p>	<p>B: French Toast with Fresh Cut Fruit and Goetta L: Green Chili Pork stew with Hominy and Cornbread D: Moms Meatloaf with Smashed Red Potatoes, Winter Squash and Mixed Green Salad</p>	<p>B: Frittata- Ham, Cheddar and Bell Peppers with Potato Hash L: Grilled Chicken Sandwich with Chopped Kale and Apple Salad D: Skirt Steak Fajitas- Cilantro Rice and Chips, Salsa and Guacamole</p>	<p>B: Scrambled Eggs, Maple Sausage, Hashbrowns with Fresh Fruit L: Italian Chopped Salad with Focaccia D: Pan Seared Catch of the Day with Stewed Winter Vegetables and Spinach Salad</p>	<p>B: Warm Oatmeal with Fresh Fruit, Nuts, Brown Sugar, Egg Muffins and Bacon L: Pulled Pork Sandwiches with Sweet Potato Fries and Green Salad D: Zucchini Turkey Lasagna with Garlic Bread and Antipasta Salad</p>	<p>B: Ham Steak with Fried Apples, Hash browns and Scrambled Eggs L: Gourmet Grilled Cheese and Tomato Soup D: Chicken and Dumplings with Steamed Winter Vegetables</p>
8	9	10	11	12	13	14
<p>B: Buttermilk Biscuits and Sausage Gravy, Fresh Fruit L: Hot Italian Sandwiches with Mixed Green Salad D: Beef Enchiladas with Cilantro Rice and Stewed Black Beans, Avocado Salad</p>	<p>B: Breakfast Skillet Scramble with Eggs, Potato and Sausage and Buttermilk Biscuits L: Chicken Quesadilla Mixed Green Salad with Spring Vegetables D: Honey Mustard Glazed Pork Loin with Potato Vegetable Hash and Caesar Salad</p>	<p>B: Chiliquilles with Chorizo, Fried Eggs, Cotija Cheese, Salas Roja, Cilantro, Fresh Fruit L: Bacon Cheese Burger with Sweet Potato Fries and Green Salad D: Grilled Salmon with Green Beans, Butternut Squash, Brown Rice and Fall Salad</p>	<p>B: Pancakes with Bacon and Eggs L: Turkey Melt with Kale Salad D: Cajun Chicken Alfredo with Steamed Broccoli and Garlic Bread</p>	<p>B: French Toast with Fresh Cut Fruit and Goetta L: Green Chili Pork stew with Hominy and Cornbread D: Moms Meatloaf with Smashed Red Potatoes, Winter Squash and Mixed Green Salad</p>	<p>B: Frittata- Ham, Cheddar and Bell Peppers with Potato Hash L: Grilled Chicken Sandwich with Chopped Kale and Apple Salad D: Skirt Steak Fajitas- Cilantro Rice and Chips, Salsa and Guacamole</p>	<p>B: Scrambled Eggs, Maple Sausage, Hashbrowns with Fresh Fruit L: Italian Chopped Salad with Focaccia D: Pan Seared Catch of the Day with Stewed Winter Vegetables and Spinach Salad</p>

<p style="text-align: right;">15</p> <p>B: Warm Oatmeal with Fresh Fruit, Nuts, Brown Sugar, Egg Muffins and Bacon L: Pulled Pork Sandwiches with Sweet Potato Fries and Green Salad D: Zucchini Turkey Lasagna with Garlic Bread and Antipasta Salad</p>	<p style="text-align: right;">16</p> <p>B: Ham Steak with Fried Apples, Hash browns and Scrambled Eggs L: Gourmet Grilled Cheese and Tomato Soup D: Chicken and Dumplings with Steamed Winter Vegetables</p>	<p style="text-align: right;">17</p> <p>B: Buttermilk Biscuits and Sausage Gravy, Fresh Fruit L: Hot Italian Sandwiches with Mixed Green Salad D: Beef Enchiladas with Cilantro Rice and Stewed Black Beans, Avocado Salad</p>	<p style="text-align: right;">18</p> <p>B: Breakfast Skillet Scramble with Eggs, Potato and Sausage and Buttermilk Biscuits L: Chicken Quesadilla Mixed Green Salad with Spring Vegetables D: Honey Mustard Glazed Pork Loin with Potato Vegetable Hash and Caesar Salad</p>	<p style="text-align: right;">19</p> <p>B: Chiliquilles with Chorizo, Fried Eggs, Cotija Cheese, Salas Roja, Cilantro, Fresh Fruit L: Bacon Cheese Burger with Sweet Potato Fries and Green Salad D: Grilled Salmon with Green Beans, Butternut Squash, Brown Rice and Fall Salad</p>	<p style="text-align: right;">20</p> <p>B: Pancakes with Bacon and Eggs L: Turkey Melt with Kale Salad D: Cajun Chicken Alfredo with Steamed Broccoli and Garlic Bread</p>	<p style="text-align: right;">21</p> <p>B: French Toast with Fresh Cut Fruit and Goetta L: Green Chili Pork stew with Hominy and Cornbread D: Moms Meatloaf with Smashed Red Potatoes, Winter Squash and Mixed Green Salad</p>
<p style="text-align: right;">22</p> <p>B: Frittata- Ham, Cheddar and Bell Peppers with Potato Hash L: Grilled Chicken Sandwich with Chopped Kale and Apple Salad D: Skirt Steak Fajitas- Cilantro Rice and Chips, Salsa and Guacamole</p>	<p style="text-align: right;">23</p> <p>B B: Scrambled Eggs, Maple Sausage, Hashbrowns with Fresh Fruit L: Italian Chopped Salad with Foccacia D: Pan Seared Catch of the Day with Stewed Winter Vegetables and Spinach Salad</p>	<p style="text-align: right;">24</p> <p>B: Warm Oatmeal with Fresh Fruit, Nuts, Brown Sugar, Egg Muffins and Bacon L: Pulled Pork Sandwiches with Sweet Potato Fries and Green Salad D: Zucchini Turkey Lasagna with Garlic Bread and Antipasta Salad</p>	<p style="text-align: right;">25</p> <p>B: Ham Steak with Fried Apples, Hash browns and Scrambled Eggs L: Gourmet Grilled Cheese and Tomato Soup D: Chicken and Dumplings with Steamed Winter Vegetables</p>	<p style="text-align: right;">26</p> <p>B: Buttermilk Biscuits and Sausage Gravy, Fresh Fruit L: Thanksgiving Feast all day. Loosen your belts because we are going to put it on you!!!!!!</p>	<p style="text-align: right;">27</p> <p>B: Breakfast Skillet Scramble with Eggs, Potato and Sausage and Buttermilk Biscuits L: Chicken Quesadilla Mixed Green Salad with Spring Vegetables D: Honey Mustard Glazed Pork Loin with Potato Vegetable Hash and Caesar Salad</p>	<p style="text-align: right;">28</p> <p>B: Chiliquilles with Chorizo, Fried Eggs, Cotija Cheese, Salas Roja, Cilantro, Fresh Fruit L: Bacon Cheese Burger with Sweet Potato Fries and Green Salad D: Grilled Salmon with Green Beans, Butternut Squash, Brown Rice and Fall Salad</p>

<p style="text-align: right;">29</p> <p>B: Pancakes with Bacon and Eggs L: Turkey Melt with Kale Salad D: Cajun Chicken Alfredo with Steamed Broccoli and Garlic Bread</p>	<p style="text-align: right;">30</p> <p>B: French Toast with Fresh Cut Fruit and Goetta L: Green Chili Pork stew with Hominy and Cornbread D: Moms Meatloaf with Smashed Red Potatoes, Winter Squash and Mixed Green Salad</p>					

